

International students

Prepare for degree-level study

with the New Zealand Certificate in Study
and Career Preparation Level 4





Take the next step towards a degree

If you don't meet the entry requirements for a degree, or if you want to enhance your academic skills before moving on to higher-level study, our New Zealand Certificate in Study and Career Preparation is the perfect solution.

It'll give you the academic skills required for entry to a wide range of degrees. You'll also gain the confidence you need to take your studies to the next level.

The New Zealand Certificate in Study and Career Preparation Level 4 is available in a choice of pathways:

- Applied Science
- Architectural Studies
- Broadcasting
- Business
- Computing
- Construction
- Engineering
- Hospitality
- Medical Imaging
- Pre Health
- Social Work
- Tourism

Each pathway includes core courses to equip you with fundamental academic skills, then a selection of courses specific to your chosen pathway.

To see the diploma and degrees that these pathways lead to, refer to the graph on the back cover.

Please note that completion of the Medical Imaging and Applied Science pathway leads to all health-related degrees.

Entry requirements for the New Zealand Certificate in Study and Career Preparation Level 4

Academic

40 credits at NCEA Level 2 including 10 Level 1 literacy credits and 10 Level 1 mathematics credits, OR New Zealand Certificate in Study and Career Preparation Level 3.

Alternative

If you can demonstrate tertiary study skills (including literacy and numeracy) gained through work and/or life experience, you may be eligible for alternative entry. Literacy and numeracy assessments are available.

English language

If English isn't your first language, you may be required to provide evidence of your English language skills. Please refer to our website for relevant IELTS information. If you have no evidence of your English language skills, and you're a New Zealand citizen or resident, please contact us for an assessment.

Please note:

- All pathways are offered in Christchurch; only the health pathways are offered in Timaru
- All courses are available on-site and some are available online
- Not all courses are offered during both semesters
- Some maths courses have a pre-requisite
- All courses are 15 credits, except one within the Tourism and Hospitality pathway, and the whole programme totals 60 credits
- Completion of the certificate does not mean automatic entry into degree programmes (other requirements may apply). Entry into Ara's health degrees is competitive; often the number of applicants exceeds the number of places available.

Programme structure

The tables below show the courses required for each study pathway. You can study them full-time or part-time and in any order.

Code: NZ2860

Intakes: February and July

Pre Health Pathway

- Bachelor of Nursing
- Bachelor of Midwifery
- Bachelor of Musculoskeletal Health
- Bachelor of Applied Science (Human Nutrition and Health Promotion)
- New Zealand Diploma of Wellness and Relaxation Massage

CODE	TITLE
CSCP400	Skills for Academic Study Level 4
CSCP401	Essentials of Human Body and Microbial Science
CSCP402	Essentials of Cell Biology and Chemistry
CSCP304	Mastering Calculations

Medical Imaging and Applied Science Pathway

- Bachelor of Medical Imaging
- Bachelor of Applied Science (Sport & Exercise Science)
- New Zealand Diploma in Applied Science Level 5

CODE	TITLE
CSCP400	Skills for Academic Study Level 4
CSCP401	Essentials of Human Body and Microbial Science
CSCP402	Essentials of Cell Biology and Chemistry
CSCP404*	Applied Maths

Social Work and Broadcasting Pathway

- Bachelor of Social Work
- Bachelor of Broadcasting Communications

CODE	TITLE
CSCP400	Skills for Academic Study Level 4
Choose three courses from the following:	
CSCP403	Health and Interpersonal Relationships in Aotearoa/NZ
CSCP407	People and Learning Skills 4
TREO220	Tangata akona i te kāinga, tū ana i te marae, tau ana
HWC1400	Contemporary Issues in Health and Wellbeing

Note: for applicants who have evidence of meeting the outcomes of any of these courses, an alternative course(s), as approved by the Head of Department, Applied Sciences and Social Practice is available

Business and ICT Pathway

- Bachelor of Applied Management
- Bachelor of Information and Communication Technologies

CODE	TITLE
CSCP400	Skills for Academic Study Level 4
CSCP410	English for Tertiary Study

Two Level 4 or Level 5 courses as approved by the HOD of Business and Digital Technologies

Architectural Studies and Construction Pathway

- Bachelor of Architectural Studies
- Bachelor of Construction

CODE	TITLE
CSCP400	Skills for Academic Study Level 4
CSCP305	Measurement and Algebra
CSCP407	People and Learning Skills 4
Choose one course from the following:	
CSCP410	English for Tertiary Study
DCMS400	Materials
DCCI400	Introduction to Industry
DACD400	Construction Documentation (<i>Semester 1 only</i>)

Or other courses as approved by the HOD, Engineering or Architectural Studies.

Engineering Diploma Pathway

- New Zealand Diploma in Engineering

CODE	TITLE
CSCP400	Skills for Academic Study Level 4
Choose three courses from the following:	
CSCP406	Engineering Physics
CSCP410	English for Tertiary Study
CSCP405	Algebraic Maths
CSCP407	People and Learning Skills 4

Engineering Degree Pathway

- Bachelor of Engineering Technology

CODE	TITLE
CSCP400	Skills for Academic Study Level 4
Choose three courses from the following:	
CSCP406	Engineering Physics
CSCP410	English for Tertiary Study
DE4102	Engineering Mathematics 1
CSCP407	People and Learning Skills 4

Tourism and Hospitality Management Pathway

- Bachelor of International Tourism and Hospitality Management

CODE	TITLE
CSCP400	Skills for Academic Study Level 4 - 15 credits
CSCP410	English for Tertiary study - 15 credits
BHT0505	Principles and Impacts of Tourism - 30 credits

* This course has a pre-requisite ** Semester 1 only

Level 4 pathway to degrees

