## Relax, revive and radiate

Beauty therapy treatments at Ara

ara.ac.nz

Ara is a Business Division of Te Pūkenga – New Zealand Institute of Skills and Technology







# Enjoy a relaxing beauty treatment, performed by an Ara beauty therapy student under professional supervision.

**Please note:** treatments are priced according to the experience of the student providing them. As this is a training establishment, duration of treatments may vary.

#### **Certificate clinic treatments**

#### Wednesdays

28 May and 25 June: 9.30am - 3pm

11 June: 1pm - 6pm

#### **Thursdays**

15\* May and 12 June: 1pm – 6pm

5\* June: 10.30am - 3.30pm

29 May and 26 June: 9.30am - 3pm

\*Note: treatments with an asterisk are available on these dates.

#### **Eyelashes and Eyebrows**

Look like you're always wearing mascara and frame your face with more defined eyebrows.	
Eyelash tint	\$15
Eyebrow tint	\$10
Eyebrow tidy (tweezer only)	\$10
Eye trio (all three treatments above)	\$30
Waxing	
Half leg	\$15
Forearm	\$15
Underarm	\$15
Bikini	\$15
Eyebrows*	\$10
Sides of face*	\$10
Upper lip*	\$10
Chin*	\$10
Full leg waxing (females only)*	\$30
Men's chest wax*	\$30
Men's back wax*	\$30
Manicure or Pedicure	
Let us pamper you with a manicure treatment along with a luxurious hand or foot massage.	
Regular polish only	\$20
Gel polish	\$25
Add a paraffin dip	\$10
Add gel removal	\$15
Spray Tan	
Get that golden summer glow all year round.	\$20
Facial	
Enjoy a luxurious 60-minute facial with active biological ingredients that help your skin preserve its balance and maintain its well-being.	\$40

#### **Diploma clinic treatments**

### All certificate treatments available, plus the below:

Wednesdays: 4 and 18 June: 10am - 7pm

#### Waxing

Brazilian - initial appointment	\$50
Brazilian - follow up appointment (within four weeks)	\$40

#### **Makeup Application**

Look fabulous with a professional makeup	\$25
application and get advice on the products	
best suited to your face and eye shape.	

#### **Relaxation Massage**

Take time out of your busy day and let us
soothe those tired muscles.

Full body	\$40
Back, neck and shoulders	\$25

#### **Consultation and Observ Skin Analysis**

Discuss your skin concerns and tell us what	FREE
you'd like to achieve. Based on your skin	
consultation and analysis, your therapist will	
recommend a tailored treatment plan.	

#### **O Cosmedics Facial**

A supercharged 60-minute facial with	\$50
enzymatic benefits. A great starting-out	
treatment, suitable for all skin types.	
Add on O Cosmedics Advanced	\$20
Alginate Mask or LED	

#### O Cosmedics Pro Dermal Peel\*\*

Our Pro Dermal O Cosmedic treatments offer	\$70
intense, skin changing results and a youthful,	
healthy radiance. Your therapist will analyse	
your skin to determine your peel treatment	
and daily skin prescription.	
This treatment includes a soothing alginate	

mask, décolletage and neck massage or hand and arm massage.

#### **ASAP Facial**

Refreshing and hydrating 60-minute facial to gently exfoliate the skin, relax into a face, neck and décolletage facial followed by a customised mask.	\$50
Add on ASAP peel	\$15
Microdermabrasion**	
Reveal a brighter complexion with this non-invasive, deep exfoliation treatment	\$50
that will polish, refine and hydrate your skin.	

Alginate Mask or LED

#### **Add-on treatments**

#### **LED**

Stimulate the skin's natural regeneration process by harnessing the power of light in this targeted, non-invasive treatment.

> \$20 add-on or \$30 standalone treatment

#### **ASAP Peel**

ASAP peels safely rejuvenate the skin with outstanding results for conditions including age, acne, sun damage and pigmentation.

> \$15 add-on or \$30 standalone treatment

#### O Cosmedics Advanced Alginate Mask

Hydrate your skin with this electrolyte infused skin-boosting treatment. As add-on only.

\$20 add-on only

\*\*Note: a complimentary consultation and skin analysis must be completed before these services are provided for the first time.



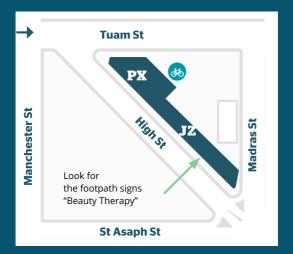
#### Christchurch clinic location

To book your appointment email:

treatments@ara.ac.nz

#### City campus

144 High Street Christchurch



Please note: In the interest of health and safety, and for the comfort of you and others in the clinic, please do not bring babies and children to ywpointment.

Children under the age of 16 are not permitted in Ara Beauty and Massage Clinics or Hair Salons.

We apologise for any inconvenience.

#### ara.ac.nz





