



Prepare for further study

with the New Zealand Certificate in Study and Career Preparation Level 3 NZ2863



Gain the skills needed for higher level study

This certificate is designed to equip you with the academic skills and entry requirements for a range of certificates and diplomas. It will also give you the confidence you need to take your studies to the next level.

Please note:

- All pathways are offered in Christchurch.
- In Timaru, we only offer the health pathway in February.
- The first number in the course code indicates the level (eg CSCP300 is a Level 3 course).
- Some maths courses have a pre-requisite.
- Only one Level 2 course may be selected in any pathway.
- All courses are 15 credits and the whole programme of four courses totals 60 credits.
- Completion of the certificate does not mean automatic entry into diploma programmes. Graduates of this programme must apply and meet all requirements of their destination diploma programme.
- If your goal is a degree you will also need to complete the New Zealand Certificate in Study and Career Preparation Level 4.
- The maximum period of time to complete the programme is 2 years. Extensions may be approved in some circumstances by the Head of Department.

Entry requirements for the New Zealand Certificate in Study and Career Preparation Level 3

To be successful in this programme, you will need some reading, writing, maths and computer skills, and access to a computer with a reliable internet connection.

If you would like to improve your basic computing skills, check out our free or low cost study computing options.

If your reading and writing skills are not ready for level 300 course work, you will be required to attend Adult Literacy classes. If you would like to improve your literacy skills prior to study, check out our free Adult Literacy courses.

If you need to talk to an Ara staff member to ensure your expectations match the programme and to discuss any support you might need during your study, please contact us.

English language

This programme has open entry, however English language requirements apply. If English is not your first language you may be required to provide evidence of your English language skills.

Please refer to our website for relevant IELTS information.

If you have no evidence of your English language skills and you're a New Zealand citizen or resident, please contact us for an assessment.

Programme structure

The tables below show the courses required for each study pathway. You can study each pathway full-time or part-time over two years and complete the courses in any order.

Code: NZ2863

Intakes: February and July

All pathways total 60 credits.

Animal Science/Veterinary Nursing Pathway

- Leads directly to the New Zealand Certificate in Animal Management Level 4 with Companion Animal Strand
- Leads directly to the New Zealand Certificate in Animal Technology Level 5 (Veterinary Nurse Assistant)

CODE	TITLE
CSCP300	Skills for Academic Study Level 3
CSCP203	Making Sense of Calculations OR
CSCP314*	Mastering Calculations
CSCP302	Introduction to the Human Body
CSCP403	Health and Interpersonal Relationships in Aotearoa New Zealand

Architectural Studies OR Construction Pathway

- Leads directly to the New Zealand Diploma in Architectural Technology OR the New Zealand Diploma in Construction with strands in Construction Management and Quantity Surveying

CODE	TITLE
CSCP300	Skills for Academic Study Level 3
CSCP305*	Measurements and Algebra

Choose two of the courses below

CSCP407	People and Learning Skills
DCCI400	Introduction to Industry
DCMS400	Materials
TRE0220	Tangata akona i te kāinga, tū ana i te marae, tau ana

Engineering Pre-Pathway

- The next step is the New Zealand Certificate in Study and Career Preparation Level 4 and then onto the New Zealand Diploma in Engineering

CODE	TITLE
CSCP300	Skills for Academic Study Level 3
CSCP315*	Measurements and Algebra for Engineering

Choose two of the courses below

CSCP407	People and Learning Skills
DCCI400	Introduction to Industry
TRE0220	Tangata akona i te kāinga, tū ana i te marae, tau ana

* Requires prior maths knowledge

Health Pathway

This pathway is available at the Timaru campus in Semester 1.

- Leads directly to the New Zealand Diploma in Enrolled Nursing
- Leads directly to the New Zealand Certificate in Study and Career Preparation Level 4 and then onto the Bachelor of Nursing, Bachelor of Midwifery, Bachelor of Medical Imaging or Bachelor of Musculoskeletal Health

CODE	TITLE
CSCP300	Skills for Academic Study Level 3
CSCP203	Making Sense of Calculations OR
CSCP314*	Mastering Calculations
CSCP302	Introduction to the Human Body

Choose one of the courses below

CSCP403	Health and Interpersonal Relationships in Aotearoa New Zealand
CSCP306**	Introduction to Nutrition
CSCP307**	Fitness Training and Coaching Practice

Sports, Nutrition and Health Promotion Pathway

- Leads directly to the New Zealand Certificate in Exercise
- Leads directly to the New Zealand Certificate in Study and Career Preparation Level 4 and then onto the Bachelor of Applied Science

CODE	TITLE
CSCP300	Skills for Academic Study Level 3
CSCP302	Introduction to the Human Body

Choose two of the courses below**

CSCP306	Introduction to Nutrition
CSCP307	Fitness Training and Coaching Practice
TREO220	Tangata akona i te kāinga, tū ana i te marae, tau ana
CSCP203	Making Sense of Calculations OR
CSCP314*	Mastering Calculations

Support Work and Social Work Pathway

- Leads directly to the New Zealand Certificate in Health and Wellbeing Level 4

CODE	TITLE
CSCP300	Skills for Academic Study Level 3

Choose three of the courses below**

CSCP302	Introduction to the Human Body
CSCP306	Introduction to Nutrition
CSCP307	Fitness Training and Coaching Practice
TREO220	Tangata akona i te kāinga, tū ana i te marae, tau ana
CSCP203	Making Sense of Calculations OR
CSCP314*	Mastering Calculations
CSCP403	Health and Interpersonal Relationships in Aotearoa New Zealand

TOA Sports Pathway

- Leads directly to the New Zealand Certificate in Exercise Level 4
- Leads directly to the Te Pokaitahi Reo (Rua) Te Kaupae 3: New Zealand Certificate in Te Reo Māori (Immersion, Bilingual)

CODE	TITLE
CSCP300	Skills for Academic Study Level 3
CSCP302	Introduction to the Human Body
CSCP307	Fitness Training and Coaching Practice
TREO220	Tangata akona i te kāinga, tū ana i te marae, tau ana

Study Opportunities Pathway

- This pathway is for students interested in another Level 4 programme, but do not meet the academic entry requirements

CODE	TITLE
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COMPULSORY

CSCP300	Skills for Academic Study Level 3
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Choose three of the courses below or from the approved list of electives on our website. Select only one Level 2 course.

RECOMMENDED

CSCP203	Making Sense of Calculations OR
CSCP314*	Mastering Calculations

ELECTIVES

CSCP302	Introduction to the Human Body
CSCP306	Introduction to Nutrition
CSCP307	Fitness Training and Coaching Practice
TREO220	Tangata akona i te kāinga, tū ana i te marae, tau ana
CSCP403	Health and Interpersonal Relationships in Aotearoa New Zealand
CSCP407	People and Learning Skills

* Requires prior maths knowledge ** CSCP306 and CSCP307 are not offered from the Timaru campus

Note: you can only choose ONE Level 2 course.

Level 3 Pathways

